



















We Welcome You

Welcome to Trinity Terrace—where the views are spectacular, the lifestyle is joyful, and the people are some of the friendliest folks you'll ever meet. All of us who live and work at Trinity Terrace are very proud of our wonderful community, and we celebrate its unique character and more than 100 years of service to seniors.

Trinity Terrace is a community where people treat each other with respect, and we appreciate each individual for who they are, no matter what their age. It's a place where there is always someone to lend you a helping hand, brighten your day with a smile, or surprise you with an unexpected kindness. Residents and staff often remark on the warm, family-like atmosphere that infuses the whole campus.

Our residents are bright, sophisticated people who are active and engaged in life, both here at Trinity Terrace and in the greater Fort Worth community. They enjoy each other's company and love to share laughter, life stories, and their latest experiences. Our staff is genuinely dedicated to helping each and every resident feel comfortable, safe, and cared for. Together, residents and staff have created an environment that is filled with fun and optimism.

We invite you to become part of the Trinity Terrace family. We want you to feel the warmth, the joy, the fun, and the security that our residents feel. We want to greet you and say, "Welcome to Trinity Terrace. We're glad you're here."



Wellness as a Way of Life

At Trinity Terrace, wellness of mind, body, and spirit is a way of life. Every aspect of our community is focused on enhancing resident health and helping each person remain independent and in control of his or her lifestyle.

Our multifaceted Wellness Program is designed around the principle of successful aging as described by the MacArthur Foundation research. They found that as much as 70% of physical aging is related to lifestyle choices that include eating a healthy diet, getting enough physical exercise, and keeping one's mind active and engaged.

At Trinity Terrace, wellness means supporting residents in all of these aspects. For example, our Fine Dining program offers food that is healthy, delicious, inventive, and full of variety—so eating right is easy.

Our Fitness Center provides state-of-the-art strength training equipment, seated exercise









bicycles, treadmills, and elliptical trainers. We also offer exercise classes that are geared to people of varying levels of fitness, so there's something for everyone: low-impact aerobics, stretch and tone, core strength, yoga, and tai chi. Plus, we have a saline Indoor Pool where residents can swim laps or take an aqua-aerobics class.

Residents stay mentally engaged and informed through on-campus seminars related to brain fitness, general health, stress management, and more. Visiting musicians, performers, and artists provide personal enrichment.

Social engagement takes place throughout campus, all day long, each and every day, as residents interact with others while dining, exercising, and participating in hobby groups or recreational activities. And, our full-time chaplain is available to assist residents in maintaining spiritual well-being.

At Trinity Terrace, resident wellness is part of the very fabric of community life.











Joyful Living among Friends and Family

One of the first things you'll notice when you visit Trinity Terrace is how incredibly friendly and upbeat everyone is. Our community is a joyful place where smiles are abundant and laughter flows freely. There is an air of optimism, a sense of security, and a feeling of contentment that is experienced by everyone who lives and works here.

Our residents have developed and maintain deep and lasting friendships with each other, and they absolutely love to welcome new residents—like you!—to Trinity Terrace. Our staff is equally welcoming, and they are committed to excellence in the service and care they provide to residents. They know that it's the little things that can make a huge difference in a resident's day. That's why they get to know each resident as an individual person. That's why they take time to truly listen, and why they are always willing to go the extra mile for someone.

At Trinity Terrace, our residents and staff share a genuine appreciation for each other, and you'll often hear them referring to each other as family. Of course, our staff are trained professionals who understand they are there to serve residents, but the feeling of connectedness runs deep at our community, and we're very proud of the familial atmosphere here on campus. It's part of what makes Trinity Terrace so unique.













Location, Location

Trinity Terrace enjoys a fabulous location in the heart of Fort Worth. Our campus sits adjacent to the Trinity River and Trinity Park, and offers incredible views of the river, the park, and the downtown cityscape.

Residents appreciate the easy access to retail shops, cultural venues, restaurants, and convenience services, all of which are within a short drive—without having to get on a highway. Plus, Trinity Terrace offers regularly scheduled transportation throughout the city, so residents can easily explore the wealth of cultural and recreational attractions found here.

Downtown Fort Worth's Sundance Square, just five minutes from our campus, is a delightful mix of specialty boutiques, art galleries, restaurants, museums, and historic attractions. The

renowned Bass Performance Hall—home to the Texas Ballet Theater, Fort Worth Opera, and Fort Worth Symphony Orchestra—is located here. The hall often hosts musical and theatrical acts from across the globe, and Trinity Terrace residents love attending performances there.

Residents are also very active in Fort Worth's arts community. No wonder, given that the Cultural District, which sits just across the Trinity River, is known as one of the great art destinations of the world. The Modern Art Museum (the second-largest modern art









museum in the nation), the Kimbell Art Museum, the Amon Carter Museum, and the Museum of Science and History are all within easy walking distance from each other.

Many residents serve as docents at the various museums, while others serve on boards or advisory committees. And just about everyone at Trinity Terrace enjoys the visiting exhibitions that the museums host, providing residents with the opportunity to view the works of acclaimed artists from around the world.

The Historic Stockyards District, just ten minutes' drive from Trinity Terrace, lets visitors step back in time and experience Fort Worth's early days, when it served as a resting place for drovers herding cattle along the Chisholm Trail.

Today, the Stockyards District offers shopping, dining, live concerts, rodeo competitions, and longhorn cattle drives. This district is especially popular with our residents' visiting families.

Our prime location is just five minutes from Fort Worth's Medical District, making it easy for residents to tend to their health care needs. Interstates 30 and 35 are only a few minutes away, which means residents can easily go on road trips, and out-of-the-area families and friends can easily visit. In addition, the Dallas/ Fort Worth International Airport is 45 minutes away, making national and worldwide travel convenient.









Long-Term Security for Your Future

There's no better decision you can make for your future than by moving to Trinity Terrace. As a Continuing Care Retirement Community (CCRC), we offer a full continuum of care to support you as your needs change over time.

If you're like other Trinity Terrace residents, you want to remain in charge and make your own decisions, just like you always have—especially when it comes to your future health care needs. You don't want to worry your children or have to move if you find yourself needing more care in the years to come. Once you make the decision to move to Trinity Terrace, you'll have the security of knowing that all the care you may require is right here on campus, under one roof.

While you remain able to live on your own, you'll live in your Independent Living Apartment Home. You'll also have the benefit of knowing that if you ever have an illness or injury that requires short-term or transitional care, our Home Health Care staff can provide that care to you in your own Apartment Home.

Over time, if you start to need a little help with daily activities or medication management on a regular basis, you can move to an Extended Living apartment here on campus. It's important to note that, at Trinity Terrace, you and your family will always be at the center of the decision-making process in regard to the level of care you need.

You'll also have peace-of-mind knowing that if you ever need nursing care, you can move to our on-site Skilled Nursing and Rehabilitation Center. The Center is Medicare Certified and our health care services are nationally recognized.















Stylish and Spacious with Beautiful Views

All Trinity Terrace Apartment Homes come standard with gorgeous granite countertops, fine wood cabinetry, fully equipped kitchens, and elegant finishes and appointments throughout.

They also feature an individual patio or deck and extra-large windows to enjoy the stunning views of the downtown cityscape, the Trinity River, Trinity Park, and the Cultural District in the distance.

Apartment Homes are available in a variety of one-, two-, and two-bedroom-plus-den styles.

We also offer several Penthouse Apartment Homes, some with 2,000 square feet of living space and large outdoor balconies.

What's more, you'll have the opportunity to individually customize your Apartment Home's interior, creating your own personal haven.













More than 100 Years of Service

Trinity Terrace has been serving the seniors of Fort Worth for more than 115 years. We are very proud of our history, our established reputation for excellence, and our community's long-standing financial stability.

We are, and always have been, a not-for-profit, resident-centered organization. As such, we are continually reinvesting back into our lovely community, expanding programs and services, and adding amenities that enhance residents' lives.

Our stability is enhanced by our affiliation with Pacific Retirement Services, Inc. (PRS), a nationally known not-for-profit organization

that develops and manages Continuing Care Retirement Communities, affordable senior housing communities, and a variety of community service groups throughout the United States. As part of the PRS family of communities, Trinity Terrace benefits from PRS's years of experience in maximizing operational efficiencies, which in turn, helps keep costs down for residents.













Experience Trinity Terrace for Yourself

We invite you to experience the fun, friendly, joyful, and optimistic community we've created here at Trinity Terrace. We want you to know what it feels like to be truly welcomed, truly respected, and truly cared for.

We want to tell you more about our Continuing Care program, and why it's so important to secure your long-term future. We also want to show you the world-class amenities we offer, all of which are designed to help you stay healthy in mind, body, and spirit. And, of course, we want to introduce you to some of our wonderful residents, so that you can hear what they have to say about life at Trinity Terrace.

We encourage you to call us to schedule a visit. We'd love to give you a tour of our campus, show you a selection of spacious Apartment Homes, and treat you to a complimentary lunch in our beautiful Dining Room.

Call us at 817-338-2423 or toll-free at 1-800-841-0561. Our Sales Counselors will be happy to hear from you!





1-800-841-0561



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